Older Americans: The Key To Our Future

story below

The Tacoma Facts

Bridging The Communication Gap With Christ

The Tacoma Facts *1019 So. 12th Street* THE TACOMA FACTS, VOL. 16, #26, MAY 5TH THRU MAY 11TH, 1983 (627-5862) 25¢ VALUE

Remember Mom On Mother's Day

DR. CARLETON ORGAARD NAMED PRESIDENT OF TACOMA COMMUNITY COLLEGE

Dr. Carleton M. Opgaard, current President of Dakota State College in Madison, South Dakota, has been appointed President of Tacoma Community College..

The TCC Board of Trustees announced today that Opgaard, 54, has accepted the position as the College's Chief Executive Officer beginning July 1st.

Opgaard fills the position previously held by Dr. Larry Stevens, TCC President from 1975-82, who resigned last Septem ber.

"OLDER AMERICANS: THE KEY TO OUR FUTURE"

President Reagan has proclaimed the month of May as Older Americans Month to recognize the many contribut ions made by our elder citizens. The year's theme will be "Older Ameri cans: The Key to Our Future."

As a major event in this year's celebration, the U.S. Commissioner on Aging, Dr. Lennie-Marie Tolliver, will convene the 1983 National Commiss ioner's Forum on Aging in Seattle on May 9th at the Sea/Tac Red Lyon Inn.further information(206) 442-5341

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Loan To God
Proverbs 19;17

He THAT HATH PITY UPON THE POOR, LENDETH UNTO THE LORD: AND THAT WHICH HE HATH GIVEN WILL HE PAY HIM AGAIN.

SUPPORT TACOMA CLOTHING BANK BY SENDING YOUR CLOTHING DONATIONS AND EXPENSE CONTRIBUTION OF $1.00 OR MORE IN CARE OF TACOMA FACTS, P.O. BOX 5017, TACOMA, WASH.98405

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FROM THE DESK OF THE PUBLISHER:
BISHOP D. L. BROOKS

DELTA-LED HEALTH COALITION ACTS ON HYPERTENSION

WASHINGTON, D.C.--Chief speakers at a daylong symposium, "Hypertension: Break ing the Silence," at the Howard Inn here on the Howard University campus, look on as local City Councilwoman, Hilda Howland Mason (holding document) pre sents a resolution commending Delta Sigma Theta Sorority Inc., for leader ship in developing the coalition of 13 national organizations which held

the symposium, to Delta National Presid ent Mona H. Bailey, of Seattle, WA., (at left of Mrs. Mason). Others are Charles L. Curry M.D., chief, Cardiovas cular Diseases, Howard University Hospital; Delta Wanda Lipscomb, of Lansing, Michigan, chairperson of Delta's subcommittee on health; Delta Madeline Young-Lawson, of Washington, D.C., symposium coordinator and educat ion services officer, U.S. Food and Drug Administration, one of the 13 sponsors: Elijah Saunders M.D., chief Cardiology, Provident Hospital in Baltimore, and Jacqueline Bowens, legislative assistant to Congressman Louis Stokes, chair of the Congressional Black Causus Health subcommittee, at far right.

CONT: PAGE 3

A DEDICATED CITIZEN
BY R.M. WOODARD

MS. MERCIE SMITH

TACOMA, WA--Ms. Mercie D. Smith was born in Dallas, Texas and was raised in Oakland, California. In 1937, she came to the State of Washington at the age of 17 and has been here approximately 25 years. During that time she graduated through the City College as a certified Nurses Assistant, C.P.R., and Red Cross Assistant.

She has been informed by the Red Cross that she is qualified to help out in any emergencies. Of the long-terms that Ms. Smith have been in the Tacoma area, she has given many assistants such as aiding a young boy who was involved in an accident.

MARY ANN MIKULIC WINNER OF THE OLIN E. TEAGUE AWARD

Left to Right: Harry N. Walters, Admini strator of Veterans Affairs; Mary Ann Mikulic, Teague Award Winner; Mrs. Olin E. Teague, wife of the late Congressman. Washington, D.C. 4/21/83.

SEATTLE, WA--A Veterans Administrat ion clinical specialist in rehabilitat ion nursing, Mary Ann Mikulic, R.N., of Seattle has won the Olin E. Teague award for her work in the rehabilitation of war-injured veterans.

The annual award goe to A VA employee or group of employees working as a team, whose achievements have been of special benefit to veterans with service-connected injuries. It was named in honor of the late U.S. Represen tative from Texas who was Chairman of the House Committee on Veterans Affairs.

Mikulic was selected for this year's award from nominations submitted by VA facilities around the country. The winner has served at the VA Medical Center in Seattle, WA., since 1975, when she assumed the role of clinical specialist in rehabilitation nursing.

During this period, Mikulic has conducted studies on patient treatment issues that impede or promote rehabili tation, and her work has been extensive ly published in professional journals. She has also taught and participated in the development of the faculty for 9 VA Regional Medical Educaiton Center programs in rehabilitation-related issues.

The Teague award winner has been widely recognized in the non-VA profess ional community as well. A recipient of the Army Commendation Medal in 1981, Ms. Mikulic has also received the National Association of Rehabilitat ion Nurses Certificate for outstanding service.

Mikulic joined VA in 1952, as a staff nurse at the agency's Vancouver, WA., hospital. She has taught at the University of Washington School of Medicine since 1975, and is a Colonel in the Army Nurse Corps, U.S. Army Reserves.

CITIZEN

Ms. Smith was able to calm the boy down and kept him from going into shock, until the Fire Department came to give further aid.

She also helps the community as to giving aid to the needy. She is a member of the Vocational Baptist Church, Rev. Encarnacion is the Pastor, also a member of the O.E.S. Chapter.

Ms. Smith were asked, what was her hobbies, and she stresses that she likes to sing, play the piano, write poetry and love to fish.

Ms. Mercie Smith, with all her considerations in the community area, as far as helping others. It is indeed a honor for a person with her personal ity to take part in today's society.

DEADLINE FOR NEWS ITEMS

The Tacoma Facts is published weekly by H.T.C.O.G.I.C.. President & Publisher, Bishop D.L. Brooks.
Editor- Rosa Brooks
Executive Secretarys- Esther Counts & Regina Woodard.

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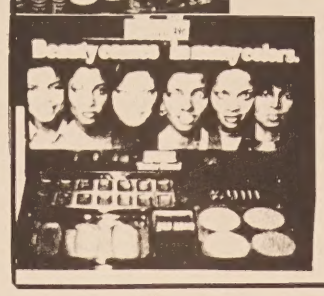

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VICTORY TEMPLE C.O.G.I.C. OF SEATTLE WASHINGTON

In full concert, May 7th, 7:30 p.m., at the New Covenant Pentecostal Tabernacle, 2156 South "K" Street, Tacoma, Wa.
Come and bring a FRIEND!!

BAHA'I COMMUNITY OF TACOMA

TACOMA, WA--The Baha'i Community of Tacoma will be hosting a talk by Tim Olsen on Friday, May 6th at the regular Friday night fireside talk. The topic of his talk will be "The Cousenality of Men." According to Mr. Olsen, all the people on the planet, no matter what race nor how isolated those races have been, are related no more distantly then 50th cousin and a vast majority is 25th cousin or closer. Mr. Olsen emphasized that "The Brotherhood of man is not just a spiritual idea but a physical reality."

The fireside talk will be held at 1732 So. 41st Street at 7:30 p.m. For more information or directions please call the Baha'i Faith at 474-8029.

MOTHER'S DAY DISPLAY IN SEYMOUR CONSERVATORY

A special floral display has been scheduled in Seymour Conservatory on Mother's Day, May 8. Included in this unique exhibit of exotic flowering plants will be Transvaal daisies, Cap primroses orchid cacti and Martha Washington geranium.

The conservatory is located in Wright Park at 4th and "G" streets and is open daily from 8 a.m. to 4:20 p.m. For additional information about the Mother's Day display or any of the other seasonal displays, interested persons should call 591-5330.

THE APOSTLE SPEAKS

WHO HAVE BELIEVED OUR REPORT?
Isaiah 53rd chap. 1st & 2nd verses

Who hath believed our report? and to whom is the arm of the Lord revealed?

For he shall grow up before him as a ground: he hath no form nor comeliness; and when we shall see him, there is no beauty that we should desire him.

God expresses his great love for all mankind and he reaassures us that one day we shall see him as he is.

1st John 1-3 verses gives us this holy truth.

That which was from the beginning, which we have heard, which we have seen with our eyes, which we have looked upon and our hands have handled, of the Word of life;

For the life weas manifested, and we have seen it, and bear witness, and shew unto you that eternal life, which was with the Father, and was manifested unto us;

That which wae have seen and heard declare we unto you, that ye also may have fellowship with us: and truly our fellowshipis with the Father, and with his son Jesus Christ.

FROM THE DESK OF THE PUBLISHER,
BISHOP D.L. BROOKS D.D.W.

MOTHER'S DAY AT NORTHWEST TREK

Northwest Trek Wildlife Park will celebrate Mother's Day on May 8 by admitting all moms at a discounted rate. A special treat at this time of the year is the chance to observe up close a variety of wild mothers tending to their young.

Visitors to Northwest Trek can also enjoy tram tours, forest animal exhibits nature trails and varied scenery. The p park opens daily at 10 a.m. with hourly tram tours from 11 a.m. to 4 p.m on week days and 11 a.m to 5 p.m. on weekends.

For additional information, interested persons should call 847-1903 in Tacoma or 325-5566 in Seattle.

MOTHER'S DAY
Special
LOOK YOUR BEAUTY BEST
Save
A GIFT FOR MOTHER, ON HER DAY.
WITH THIS COUPON 10% OFF
GIVE MOM A HAIR DO OF HER CHOICE.
HAIR WORKS UNLIMITED
1623 SO. K. St
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FREE HOME REPAIR

If you are low-income, elderly, or handicapped, you may qualify for FREE HOME REPAIR SERVICES.

Call 591-5240, 5241 or 5238. This program is funded and operated by the City of Tacoma.

"FILMS FOR KIDS"

The Kobetich Branch of the Tacoma Public Library will present "Films for Kids", May 14th at 2 p.m.

For further information, please call the Library at 591-5630.

ECONOMIC DIGNITY
OPPORTUNITY
SEMINAR
"LOSE WEIGHT NOW"
USING NATURAL HERBS
WHERE: PEOPLE'S COMMUNITY CENTER
1502 SOUTH "K" (TACOMA, WA.)
TIME: 2:30 P.M. / DATE: MAY 7, 1983

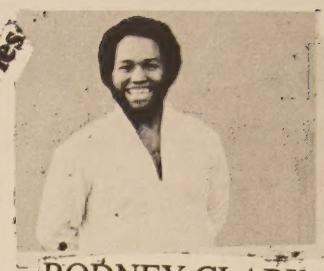
Be financially independent in less than 4 months!! For more information contact Consultants at 723-2492 or 329-8950.

ASIAN PACIFIC OUTREACH PROGRAM AT WOMEN'S SHELTER

The Y.W.C.A. Women's Support Shelter and the Asian American Alliance are sponsoring a program to provide outreach services to the Asian Pacific community. Ms. Aecha Christofferson is the coordinator for the project. Ms. Christofferson can be reached at the Y.W.C.A. - Monday, Wednesday, and Thursday, from 9 a.m. to 3 p.m. at 383-2593. She can be contacted at the Asian American Alliance on Tuesdays at 582-6521. Ms. Christoffer son speaks Korean and English and presently has an ongoing group for Korean women.

The Women's Support Shelter provides safe housing, counseling, and advocacy for women and children who are victims of domestic violence, which includes physical, emotional, and/or sexual abuse.

Al Davies' BOY'S CLUB.



RODNEY CLARK

Last week the issue presented in this article was Hi-Jinks Variety & Fashion Show. There were many acts that were presented in program fashion, however, due to limited space, a considerable part of the program was omitted.

The Fashion Show in under the coordination of professional model, Genothra Le Vert. This years clothes will be furnished by Jean-Nicole and The Male Bag. The models for 1983 are Caronda Huddleston, Patrice Harris, Denise McField, Joy Waller, Janette Jackson, Billy Hayes, Wilbur Cromartie, Odell Stephens, Mike Hopkins, and Curtis Dudley. The models will showcase spring and formal wear.

There are some acts that weren't mentioned last week. The Drama Department is proud to announce Mary Marshall, who will perform an original song entitled "Right on Time." Bernard Barnes, Maurice Owens, and Cedric Wyatt will jam to "The Walk" by the TYMES. A young man named Larry Moore, a winner of many dance contests from Los Angeles to New York, will perform a solo dance routine. Larry will also use his talented falset to voice to back up Stardust on the De Barges', "I Like It," Phyliss Harris, Jean Murphy, and Mary Marshall will do an oldies but goodies medley. Curtis Dudley and Mike Hopkins will team up on a Werewolf routine. There will be a couple of acting skits written by Don Gray that will be inserted in the videotape of the show.

This years Hi-Jinks Costume Coordinator is Sharon CLark. Cathy Ray will lend a step or two to many musical numbers that requires choreography. Carrol Gasparď will be the video-graphic consultant & cinematographer for this years production. GOSH!!! I'm running out of space again!! As usual, there is plenty more to tell. I'll fill you in next week on the latest details and scoop in the Hi-Jinks.

TACOMA ASTHMA PROGRAM

A program for parents of asthmatic children and asthmatic adults will be given at the Allenmore Community Hospital in the Doctor's Dining Room at South 19th and Union in Tacoma, Tuesday, May 10th at 7 p.m., and Wednesday, May 18th at 7 p.m.

Guest speaker will be John Colen,M.D. Allergist and Lawrence A. Larson, D.O., Pediatic Allergist.

Sponsored by the American Lung Association of Washington. A service of your Christmas Seal (R) Association.

GOLDEN HARPS IN CONCERT

House of Prayers C.O.G.I.C. Sunday School Department presents the Golden Harps, Saturday, May 7, 1983 at 7:30 p.m.

Elder James Fisher, Pastor, Missionary, Mildred Davis - Sunday School Superintendent.

IMPORTANT MEETING

Christian Singles Support Group Meeting, Saturday, May 7, 1983 at 1 p.m.
Location - Colored Womens' Club, 2316 So. Yakima.

SPECIAL ART FESTIVAL MAY 5TH-6TH

There will be "sunny days" when an estimated 2,000 students with handicapping conditions attend the annual statewide Very Special Arts Festival, May 5-6 at the Puyallup Fair Grounds. Hours of the festival are from 9 a.m. to 1 p.m., daily.

The two-day event will feature a variety of arts workshops and learning experiences for the youngsters in such areas as puppetry, drama, dance, music, sculpturing, and storytelling.

According to Wayne Spence and Jim Blanchard, co-chairpersons for the event the Washington festival is part of a nationwide awareness program to demonstrate to the general public the importance of providing arts for the disabled.

Registration and other materials may be obtained from Spence or Janet Leman at Tacoma Public Schools, P.O. Box 1357, Tacoma, WA. 98401. Telephone 206-593-6819.

BITS & PIECES

By Roger O.

HELP TURN A KID AROUND: The Al Davie Boys & Girls Club and the Alumni will honor the Al Davies Boys & Girls Club's Youth Council at a Recognition Banquet on Saturday, June 5th at the Masonic Temple located at 1702 So. "K" Street. Following the dinner will be a dance at the club from 10 p.m. until 1:30 a.m. There will be more information in the next three issues.

ALUMNI: The Al Davies Boy & Girls Club's Alumni hsa grown to nearly 50 members. Now it's your turn, what are you going to do? Come help us get organized. The Chairman will be elected for various programs, on May 9th at 7 p.m. at the Al Davies Boys & Girls Club located on 17th & Grant.

MEETING: The Youth Festival Committee meets every Tuesday, at 7 p.m., at the Davies Club. Individuals as well as organizations, businesses, civic and social clubs, are welcome to attend. They need your SUPPORT!!

BOOSTER CLUB: The Davies Club's Booster Club meets every Wednesday at 6:30 p.m. at the Al Davies Club. Everyone is invited to attend.

BOXING BOOSTER CLUB: The Booster Club for boxing is very active and are planning several fund-raising events.

ENTERTAINMENT: Another dynomite disco dance will be held on Saturday, May 7th from 9:30 p.m. until 1:30 a.m The music will be from KTOY's Willie Brown. Donations for the dance is $2 per person at the Al Davies Boys & Girls Club located at 1620 So. 17th Street. Refreshments are available.

CHECKMATE: The Al Davies Boys & Girls Club is fortunate to have a wonderful volunteer named Ed Kimbrough. Ed is volunteering his time to organize a chess club for the youth here at the club. Continue to read this column because soon, the club will have the honor of having a Chess Grand Master here at the Club!!!.

National Nurses' Day, May 6, 1983 . . .

The Veterans Administration, operators of the largest organized nursing service in the world, is saluting its 60,000 nurses, licensed practical nurses and nursing assistants during National Nurses Week, May 2-8, 1983.

In every state in the nation, these registered nurses, licensed practical nurses and nursing assistants help Americas veterans to regain health, live with chronic disease and disability, or die with dignity.

Ceremonies have been set in many of VA 172 hospitals and clinics on Friday, May 6, when National Nurses Day will be observed.

Nurses and student interested in patient care, administration, research and education are encouraged to contact VA about a career in nursing by calling this nationwide toll-free number 1-800-368-5629.

TACOMA PUBLIC LIBRARY PRESENTS FREE HOME AND BUSINESS MICROCOMPUTING PROGRAM

Tacoma Public Library will present a fre eight-week program which will introduce participants to home and business microcomputing through lecture, demonstration and hands-on training conducted at the Tacoma Public Library.

The entire program, entitled "COMPUL IT," is designed for individuals over the age of 18 who have varying degrees of computer knowledge and competency. The program will include classroom instruction, free access to a computer lab and a comprehensive self-study library.

The classroom portion will include th three different class offerings, alowing participants to select the individual classes that will meet their specific needs and interest.

Registration for the classes will be held on May 24 & 25 at the Main Library. All registrations must be completed in person, as seating will be limited in each class. Confirmed enrollment will be on a first-come, first-served basis.

The Computer Lab will be available to both classroom participants and the general public. Arrangements to use the Lab equipment and software packages can be made by calling 591-5624 after June 7 or by visiting the Lab. There is no class or lab fees for the program. Each participant must have a valid Tacoma Public Library borrower's card at the time of registration or scheduling of Lab use.

Session I will begin June and run through July 28th. Additional sessions will b4e held throughout 1983. For additional information call 591-5688 or stop by any Tacoma Public Library to receive a complete program lecture.

HYPERTENSION
CONTINUATION FROM PAGE 1

"A healthy black nation derives from a healthy black people," declared Mona H. Bailey, national president of Delta Sigma Theta Sorority Inc., as she opened the first session of "HYPERTENSION: Breaking the Silence," a national symposium at the Howard Inn on the Howard University campus, April 23. Delta has called together a coalition of 12 other national black and health organizations including the U.S. Food and Drug Administration, to discuss the silent killer.

"A lot of our leadership worries about our people voting," Dr. Saunders remarked, "but if they are not living, they can't vote or do anything else."

Church oriented programs will reach black women more than men, he added.

Black men should be encouraged to seek medical treatment for hypertension even though 10 to 15 percent of treated males experience sexual dyfunction due to high blood pressure medications, he said. A change in drugs can often restore sexual loss, he noted.

FREE ENERGY CLASSES

HEAT PUMPS: Wednesday, May 11, 7 p.m at the Public Utilities Auditorium, 3628 So 35th Street, Tacoma. Sponsored by Tacoma Department of Public Utilities.
PASSIVE SOLAR DESIGN: Thursday, May 12, 7 p.m. at Steilacoom Community Center, 2301 Worthington, Steilacoom. Sponsored by the Town of Steilacoom.
SOLAR GREENHOUSES: Tuesday, May 19, 7 p.m. at Eatonville Elementary School, Eatonville, sponsored by Ohop Mutual Light.

SENIORS WITH EYE PROBLEMS GETS FREE HELP

A telephone program to assist senior citizens who have medical eye problems was initiated yesterday by the American Academy of Opthalmology in cooperation with the state organization.

The program offers help to those over 65 who call 1-800-222-EYES, a phone bank in San Francisco where the phones are answered by specially trained Gray Panther volunteers. They explain eye diseases to the callers and can locate an ophthalmologist for them. Opthalmology services are free if the caller is unable to pay.

The eye doctors are donating their time, and will see the patient through a course of treatment, whether paid or not, Dr. Richard Mills of the State Ophthalmology Group said yesterday at a meeting in the Westin Hotel. He said 184 out of just over 200 ophthalmologists in the state are taking part in the pilot program.

BREATHING CLASSES

The American Lung Association of Washington and St. Joseph Hospital invite all persons with breathing difficulties or chronic lung disease (emphysema, lung cancer, chronic bronchitis, asthma) to attend a series of four breathing classes beginning on Thursday, May 12, 7 p.m., at St. Joseph Hospital.
please call 474-9547.

Teenage pregnancy workshop set

Carol Gibson

A workshop on teenage pregnancy will be held from 8 a.m. to 3:30 p.m. Saturday at Mason United Methodist Church.

The event is aimed at parents, educators, counselors, youth leaders, social workers, clergy persons and others providing services to teenagers.

A dozen panels will be held on topics including views from teenage parents, sex education and the schools, birth control, genetic counseling and the prevention of abuse and incest.

Carol Saunders Gibson, a nationally recognized expert on teenage pregnancy with the National Urban League of New York City, will be the luncheon speaker.

Local speakers will include Joseph Robinette, obstetrician; Jim Jourdan and Lenore Morrey of the Tacoma-Pierce County Health Department; Joan Garden of Temple Beth El and Carleen Jackson of the March of Dimes.

Cost is $1, which includes lunch. Registration deadline is tomorrow. Details are available from Associated Ministries, 383-3056.

Workshop sponsors include the Associated Ministries of Tacoma-Pierce County, the Tacoma Urban League, Catholic Community Services, Planned Parenthood, the Family Planning Program of the Tacoma-Pierce County Health Department, Pierce County Rape Relief and the Tacoma Ministerial Alliance.

PHOTO CONTEST AT SNAKE LAKE

Photographers of all ages are invited to enter Snake Lake Nature Center's 2nd Annual Photo Contest. Photographs should be of nature or natural objects in either black and white or color. Entry deadline is May 24th.

Anyone wishing to enter the photo contest should stop by Snake Lake Nature Center at 1919 So. Tyler Street to pick up an entry form. A 50 cents entry fee must accompany each photograph submitted.

For more information call the Center at 591-5939.

GREEN RIVER COMMUNITY COLLEGE

Spectrum Dance Theater and the Green River Dance Company invite you to attend their joint recital, Saturday, May 7th, at 8 p.m., in the Green River Performing Arts Building.

TACOMA COMMUNITY COLLEGE

VIDEOTAPE WORKSHOP AT TCC MAY 7TH

Fee for the workshop is $25. Registration may be completed at the TCC Admissions Office in Building 2. For more information call 756-5000.

"MANAGEMENT SKILLS FOR SECRETARIES AND ADMINISTRTATIVE ASSISTANTS WORKSHOP AT TCC MAY 5TH

Fee for the workshop is $75. Lunch and refreshments are included. For registration information, call 756-5000.

MAYFEST DANCERS OF PLU TO CELEBRATE SPRING MAY 7TH

The Mayfest Dancers resident ethnic dance company of Pacific Lutheran University, will celebrate at the annual Spring May Festival, Saturday, May 7 at 8 p.m. in PLU's Olson Auditorium on campus.

Tickets for the May Festival and Mayfest Dancers are available at the PLU Information Desk or at the door of Olson Auditorium before the performance. Call 535-7457 or 537-5720 for more information.

STATE WOMEN'S POLITICAL CAUCUS TO HOST COUNTY MEETING

On May 10, 1983, the Pierce County Women's Political Caucus and the Washington State Caucus will host a wine and cheese reception and organizing meeting at the Norton Clapp Law School, Weyerhaeuser Hall. The reception will start at 7:30 p.m.

For further information contact Mary Watts at 756-3270 or Judie Fortier, 591-5161.

WILD BABIES BORN AT NORTHWEST TREK

Baby animals are the surest signs that summer is near at Northwest Trek. In the last couple of weeks a bison calf, a bighorn lamb and a bald eagle egg have joined the other North American wildlife in the park.

Northwest Trek Wildlife Park, a division of the Metropolitan Park District of Tacoma, is located on Route 161 near Eatonville, WA.

TACOMA EMPHYSEMA CLUB MEETING

Tacoma Emphysema Club membes will hear Gail Brandt, registered dietitian, at 1 p.m., Wednesday, May 11th.

If transportation is a problem,please call the American Lung Association of Washington at 474-9547.

WARNING: JESUS IS COMING SOON

NEW JERUSALEM CHURCH OF GOD IN CHRIST
1623 So. 11th Street

7:30 a.m. - 8:30 a.m. KTNT-AM
Sunday School.....9:45 A.M.
Worship.....11:15 A.M.
Wednesday Prayer &
Bible Study.....7:30 P.M.
Friday Worship.....7:30 P.M.
Marriage & Family Counseling
Call 572-6785 for transportation
Bishop T.L. Westbrook

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Services...10 A.M., 11 A.M., & 7 P.M.
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Office 572-7054 Home 564-5486
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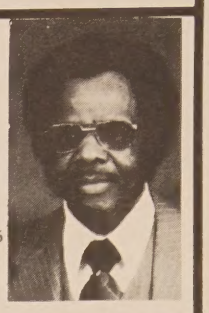

HOLY TRINITY TEMPLE C.O.G.I.C.
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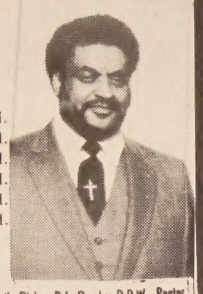
Tacoma, Wa. 98405
Sunday School.....10:00 A.M.
Sun. Morning Worship.....11:30 A.M.
YPWW.....6:30 P.M.
Sunday Evening Service.....7:30 P.M.
Tues. Evening Service.....7:30 P.M.
Fri. Evening Service.....7:30 P.M.
Church Phone 272-2500
Pastor Apostle Bishop D. Brooks
O.C.



Edwards Temple C.O.G.I.C.
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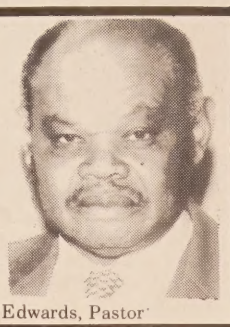
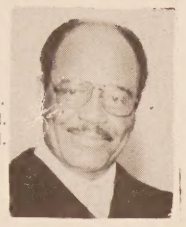
Tacoma, Washington
475-8993 - 475-1467



Sunday School.....10:00 a.m.
Morning Service.....12:00 p.m.
Evening Service.....8:00 p.m.
Wednesday Bible.....8:00 p.m.
Friday Worship.....8:00 p.m.
Marriage and Family Counseling
Bishop Robert Edwards, Pastor

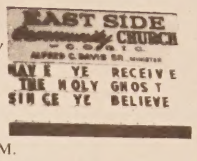
NEW COVENANT PENTECOSTAL TABERNACLE
2156 So. K Street
Sunday School.....9:30 A.M.
Sunday Worship.....11:00 A.M.
Wednesday Eve.....7:30 P.M.
Friday-YPCW.....7:30 P.M.
Tuesday Services at Evergreen Chapel, Ft. Lewis.....7:30 P.M.
Evangelist Mrs. E. E. Travis

ALLEN AME CHURCH
1411 So. Yakima 627-6855
Church School.....9:30 A.M.
Morning Worship.....10:55 A.M.
Wednesday Bible Study.....7 P.M.
Serving God
Through Service To Mankind
Rev. G. Mansfield Collins, Minister

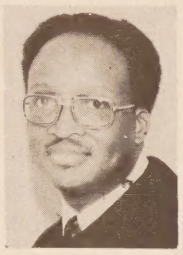


SHILOH BAPTIST CHURCH
1211 S. I Street
Sunday School.....9:30 A.M.
Morning Worship.....11 A.M.
Baptist Training Union.....6 P.M.
Evening Services.....7 P.M.
Midweek Prayer Meeting &
Bible Study.....8 P.M.
Office 272-4949 Home 572-6299
DR. E.S. Brazill, Pastor

EAST SIDE COMMUNITY CHURCH C.O.G.I.C.
4420 Portland Ave.
Sunday School.....9:30 A.M.
Sunday Morning Service.....11 A.M.
Sunday Evening Worship.....7 P.M.
Tuesday Bible Study.....7 P.M.
Thursday Evangelistic Service.....7 P.M.
A. Davis, Pastor



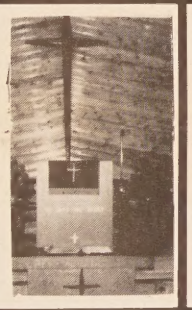
BETHLEHEM BAPTIST CHURCH
1723 So. I
Sunday School.....9:30 A.M.
Baptist Training Union.....6 P.M.
Worship Services.....11 A.M., 7:30 P.M.
Office 272-3309
Rev. F. D. Bullock, Pastor



MT CALVARY BAPTIST CHURCH
1311 So. Eye St.
Sunday School.....9:30 A.M.
Sunday Worship.....11:00 A.M.
.....and 5:30 P.M.
Elder Raymond Cain, Pastor
Home No. FU3-5669 Church No. MA7-3569

TRUE VINE COMMUNITY CHURCH COGIC
5715 No. 33rd (& Pearl)
Sunday School.....10 A.M.
Morning Worship.....11:15 A.M.
Evening Worship.....7 P.M.
Tuesday Prayer.....11:30 A.M.
Tues. Bible Study.....7:30 P.M.
Thursday Evangelistic Service.....7:30 P.M.
Pastor Leo C. Brown, Jr.

VOCATIONAL FIRST BAPTIST CHURCH
1810 Tacoma Avenue South
Tacoma, Wa. 98403
Neh 4: 6
Sunday School.....9:30 A.M.
Sunday Services.....11:00 A.M.
Tuesday Bible Study.....7 P.M.
Thursday Prayer &
Choir Rehearsal.....7 P.M.
Servant: Bro. Emilio Encarnacion
572-7814



LIGHTHOUSE TEMPLE C.O.G.I.C. Seattle-
806-20th Ave.

Sunday School--10:A.M.
Morning Worship- 12 noon.
Y.P.W.W.------- 6:30 P.M.
Evening W.------ 8:00 P.M.
Tues-Bible Band- 8:00P.M.
Wed. Choir Rehersal 8:00P.M.
Fri. Evang. Services 8:00 P.M.

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293-5506

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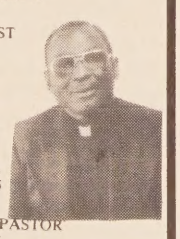
1051 FIFE HEIGHTS DRIVE, EAST
TACOMA, WA. 98424

SUNDAY SCHOOL.....10:15 a.m.
MORNING WORSHIP.....11:30 a.m.
YPWW.....6:30 p.m.
EVENING WORSHIP.....8:00 p.m.
TUESDAY BIBLE BAND.....7:45 p.m.
Thurs. EVENING SERVICE.....7:30 p.m.
CHURCH 922-7225 RES. 322-0565



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759-5064 Residence
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YPWW Sunday.....6 P.M.
Sunday Eve Worship.....7:30 P.M.
Tues. Eve Bible Study.....7:30 P.M.
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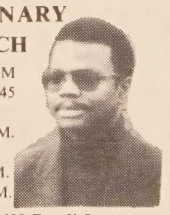
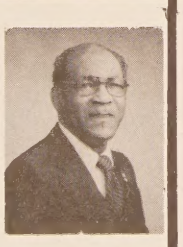
Morning Worship.....10:45 A.M.
Evening Service.....7:00 P.M.
Wed Prayer Meeting
Bible Study...7:00 P.M.
Sat Bible Study.....1:00 P.M.
Dr. Moses Harris, Pastor
535-2774
3639 East K Street
Tacoma, WA



NEW LIFE BAPTIST CHURCH
618 North Puget Street
Olympia, Washington 98506
service Schedule
Sunday School.....9:30 A.M.
Morning Worship.....11:00 A.M.
Evening Worship.....7:00 P.M.
Wednesday Prayer.....7:00 P.M.
O.R. Pigford, Pastor



The effectual and fervent prayer of a righteous man availeth much Jas: 5:16

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Pastor: Elder Paul L. Martin Res: 456-1406
861 Hoomoana Way, Pearl City, Hawaii 96782

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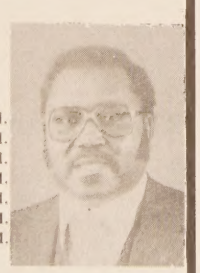
2302 South Alaska Street
Tacoma, Washington 98405
Sunday School.....9:30 A.M.
Sunday Services.....11:00 A.M.
B.T.U.....6:00 P.M.
Evening.....7:00 P.M.
Pastor 272-9036 Church 272-8911
Home 474-5446
Rev. Dan W. States, Pastor

UPPER ROOM C.O.G.I.C.
152 - 26 Avenue
Seattle, Wa. 98122
Sunday School.....9:45 A.M.
Morning Worship.....11:30 A.M.
Evening Youth.....6:30 P.M.
Evening Service.....8:00 P.M.
Tues. Bible Study.....8:00 P.M.
Wed. Deliverance Service.....8:00 P.M.
Fri. Young People's Night.....8:00 P.M.



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Seattle, WA 98122
(206) 325-4454

Rev. Matthew Thornton, Pastor

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Morning Worship.....11:15 a.m.
Mission Service Wednesday...7:00 p.m.

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THURSDAY EVENING WOMEN...7:00 p.m.
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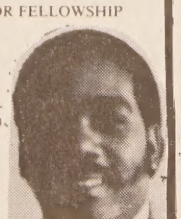

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Pastor: Rich Carbone
ph. 752-6285

Come To Church Services

PROVERBS CHAPTER 15

A soft answer turneth away wra th: but grievous words stir up an ger.

The tongue of the wise useth knowledge aright: but the mouth of fools poureth out foolishness.

The eyes of the Lord are in every place, beholding the evil and the good.

A wholesome ton gue is a tree of life: but perver seness therein is a breach in the spirit.

A fool depiseth his father's in struction: but he that regardeth re proof is prudent.

In the house of the righteous is much treasure: but in the revenues of the wicked is touble.

The lips of the wise disperse knowledge: but the heart of the fool ish doeth not so.

The sacrifice of the wicked is an abomination to the Lord: but the pray er of the upright is his delight.

The way of the wicked is an adomi nation unto him that followeth af ter righteousness.

Correction is grievous unto him that forsaketh the way: and he that hateth reproof shall die.

Hell and destruc tion are before the Lord: how much more then the hearts of the chil dren of men?

A scroner loveth not one that re proveth him: nei ther will he go un to the wise.

A merry heart maketh a cheerful countenance: but by sorrow of the heart the spirit is broken.

The heart of him that hath under standing seeketh knowledge: but the mouth of fools feedeth on foolish ness.

All the days of the afflicted are evil: but he that is of a merry heart hath a con tinual feast.

We welcome news of your church and civic events.

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627-1302

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4420 Portland Ave.
472-3550

Evangelistic Center C.O.G.I.C.
4814-108 St. S.W.
Lakewood, 472-9192
Elder James Stanford

Mt. Tahoma Seventh-Day Adventist Church
1310 So. L St.
627-6012

Bethleham Baptist Church
1723 So. I

Deliverance Revival Center
1505 So. Fawcett

True Vine Community Church C.O.G.I.C.
5715 No. 33rd (& Pearl)

'Pentacostal' New Covenent Tabernacle
2156 So. K Street

New Jerusalem Church of God in Christ
1623 So. 11th Street

St. John Baptist Church
So. 20th & J Street

Eastside Baptist Church
3575 Portland Avenue

Shiloh Baptist Church
1211 S. I Street

St. Paul Baptist Church
2225 So. 19th
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Allen A.M.E. Church
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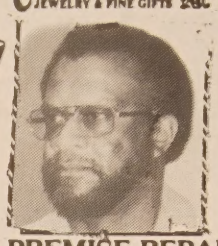

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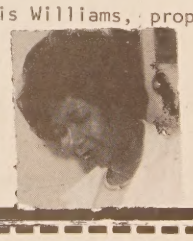

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LEGAL NOTICE

PIERCE COUNTY CONTRACT COMPLIANCE

This office administers the County's Equal Employment Opportunity and Affirmative Action programs for all County construction projects. We are developing a roster of Pierce County Small Businesses and Women and Minority Enterprises as a resource in contracting for projects. "Small sized businesses" are in general; (a) those general construction contractors whose average annual receipts for the preceding three (3) fiscal years are less than five (5) million dollars.

If your business meets the above guide lines for "small sized businesses" or is a Women or Minority Owned Business Enterprise, and you would like to be included in "Pierce County Roster of Small Businesses," please contact:

Ray Turner or Darline Newton
Office of Contract Compliance
2401 South 35th Street, Room 16
Tacoma, WA 98409

Phone 593-4003

PIERCE TRANSIT REQUEST FOR QUALIFICATIONS for TRANSIT CENTER DEVELOPMENT PROJECT

Pierce Transit is soliciting qualifications from firms or teams of firms to provide the architectural, engineering, and contract administration and/or construction management services required to implement the Pierce Transit Centers Development Project. Pierce Transit intends to build transit centers at six selected locations in Pierce County. The firm or team selected must be able to develop the contract designs from conceptual work previously completed. The firm or team eventually selected must meet the Agency Requirements for Minority Business Participation of 10% MBE and 5% WBE. This project is financed through a grant from the Urban Mass Transportation Administration of the U.S. Department of Transportation.

A copy of the Request for Qualificatons may be obtained by contacting Nancy Wendel at Pierce Transit's Office, 1235 South Sprauge Avenue, P.O. Box 5738, Tacoma, Washington 98405-2999 or by calling (206) 593-6261. The Qualifications Statement will be due by 3:00 p.m., May 20, 1983. The short list of the most qualified consultants will be announced and a Request for Proposals will be mailed to these short-listed consultants on May 25, 1983. Follow-up Proposals from short-listed consultants will be due by 3:00 p.m., June 10, 1983.

IRS PHONE ASSISTANCE

SEATTLE,WA-Effective May 2, 1983, the Internal Revenue Service telehone information lines will be open from 7:30 am to 5 p.m., according to M.J. Quinn, Seattle IRS District Director.

The statewide toll-free number is 1-800-424-1040. Seattle area callers may dial 442-1040.

FOR SALE

The General Services Administration announced today that it is offering for sale approximately 1.2 acres of land improved with a well. The property is located near Yakima County, WA. Improvements located on the privately owned and are not a part of the sales offering.

The property is being offered by sealed bid sale/auction number GS-10-DRW-38992. Bidder instructions and property description may be obtained at the General Services Administration, Business Service Center, Room 440, Federal Bldg, Seattle, WA 98174, or call at (206)422-5556. Bids will be publicly opened June 23, 1983, at 1 p.m. and immediately followed by an oral auction at the Bureau of Reclamation, 1917 March Rd., Yakima, WA 98901.

For additional information concerning this sale, please call (206) 931-7548.

NOTICE OF PUBLIC HEARING CHARTER REVIEW COMMITTEE

Notice is here by given that the Charter Review Committee will be conducting 2 public hearings during the month of May The purpose of the hearings is to consider oral and written testimony from individuals, groups and organizations regarding the City Charter. All interested persons are invited to attend and speak before the committee.

The hearings are schedule as follows:

MONDAY, May 9th 7:30 p.m., McKinley School, 3702 McKinley Avenue

Monday, May 16, 7:30 p.m., Ernst Hall*, Mason Methodist Church, No. 27th & Monroe St. The entrance to the hall is off the parking lot at the rear of the church.

It would be helpful if individuals planning to testify at the hearing could call the City Clerk's Office at 591-5171 so they may be scheduled to speak. Written comments regarding the Charter may be mailed to the City Clerks Office,Suite 1144, 740 St. Helens Ave Tacoma, WA 98402.

PUBLIC NOTICE

TACOMA HOUSING AUTHORITY has suspended taking applications for housing for the Section 8 rent-subsidy program in all bedroom sizes except 5 bedrooms.

Applications for all other low-rent housing programs are being accepted for all bedroom sizes.

Effective date of notice: May 2, 1983. Tacoma Housing Authority/EOH

LEGAL NOTICE

INVITATION FOR APPLICATIONS FOR SECTION 202 FUND RESERVATIONS

The Department of Housing and Urban Development will accept applications for housing under the Section 202 Direct Loan Program for housing the elderly or handicapped for the maximum number of units and loan authority identified below:

METROPOLITAN AREA: $4,416,700 approximately 110 units
NON-METROPOLITAN AREA: $1,039,000 approximately 26 units

Notwithstanding the maximum number of units identified above, this office has established a maximum unit limitation per individual application of 50 units for metropolitan areas, and 26 units for non-metropolitan areas.

Appropriate instructions, forms and other program information are contained in an application package which may be obtained from HUD, Multifamily Housing Programs Branch (10.3HDH), 1321 Second Avenue, Seattle, Washington, telephone (206) 442-1177

This office will conduct a workshop at 10:00 a.m. on May 11, 1983, in Seattle at the Federal Building, 915 Second Avenue, North Auditorium, (4th Floor), and in Spokane on May 18, 1983, at the U.S. Courthouse, West 920 Riverside Avenue, Room 695, to explain the regulations and instructions governing the Section 202 Program, to distribute application packages, and to discuss application procedures. Those planning to attend either workshop should call (206) 442-1177.

Applications must be received by 4:30 p.m., June 23, 1983

FURNITURE FOR SALE

Five Waterbeds received for debts.
Will sell below retail $80 - $500.
Example: Waterbed with bookcase headboard, 6 drawer pedestal, mattress, liner, heater - $245.00
Can deliver & set-up.
Have accessories.
Call 848-8426 or 852-1854.

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Scorpio "9" Plastercraft; Classes available; 5234 So. Tacoma Way; 474-6360

EMPLOYMENT

Admissions Counselor/Coordinator of Minority Recruitment
Closing Date: 4/29/83. Starting Date:7/1/83.
Submit to: Director of Admissions, The Evergreen State College Olympia, Wa 98505

JOB OPENINGS

L.H. Bates Vocational-Technical Institute, Practical Nursing Preclinical - Hospital Area Instructor/Coordintor.

Deadline: 4:30 p.m., April 29, 1983. Contact: Willie C. Stewart Asst. Supt., Personnel 206-593-6830 or Dale Lauridsen, 206-597-7231 or 206-597-7232.

SOMETHING'S WRONG

Equality was once an issue everyone acknowledged. For or against, it was hard to ignore. And that was good; it is an important and moral issue. But now, something's gone wrong. People forget that the advances made by the minorities in this country came after decades of struggle.

The NAACP hasn't forgotten; through the changes of presidents and national moods, the NAACP has single-mindedly sought one goal: EQUALITY IN ALL ASPECTS OF AMERICAN LIFE. It has contributed greatly to the quality of life in America for Black citizens. Now, the NAACP needs your contribution.

You can contribute to the NAACP painlessly by telling *your* employer (city, county, state government or major corporation), you'd like to give to the NAACP through a payroll deduction plan.

The NAACP hasn't forgotten!

Don't forget the NAACP! HELP US HELP OURSELVES.

NAACP

No one can please everyone- but we try.

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BROTHER AND SISTER REUNITE AFTER 23 YEARS
BY MARK JAMES

Spec. 4 Debra Eaton and Spec. 5 Tommie Hanner *Mark James photo*

When Debra Eaton greeted her half-brother Tommie at Sea-Tac International Airport last month, it was far from the normal family get-together.

For Debra, a specialist 4 who works as a medical technician in Madigan's pathology department, it was the perfect way to end many years of searching for a brother she never knew.

"It was kind of scary," relates Debra of those few minutes before she caught glimpse of Tommie coming off the ramp. "It was like having a baby and wondering whether it's a boy or a girl."

Debra was used to waiting, though. It had been 23 years since she had seen Tommie, and her recollection of that moment is hazy. She was 4 years old and he was an infant. "I remember a baby being there. He ate some grass and I got a whooping for it."

Shortly after Debra was born, her mother left Chicago and moved to South Carolina. Debra was adopted and reared along with 11 other foster Brothers.

Eventually, she earned a certificate in cardiology technology, joined the Army Reserves and became active duty in 1981. She and her 10 year old daughter have lived in Olympia the past two years.

Through the years, Debra maintained hope that one day she would see her real family. She had, for a number of years, been actively involved in a support group made up of people who had grown up as foster children and were looking for their real family.

For Debra, the pieces of the puzzle began to come together last Christmas during a visit to Chicago. A woman who had lived near Debra's family told her where Tommie's father lived.

After getting the phone number from directory assistance, Debra telephoned and learned that the father had died. However, the woman who answered the phone gave Debra the number of the deceased man's mother--Tommie's grand mother. Tommie's grandmother, as it turned out was the one who had given Debra a whooping so long ago.

Tommie and three other brothers were reared by their grandmother. Their real mother now lives in Mississippi.

Debra got Tommie's phone number and called him at Fort Richardson in Anchorage, Alaska. It turned out that he, too, had joined the service--in 1978.

Tommie was more than slightly surprised by the telephone call. "She asked me if my name was Tommie Hanner. Then she asked me if I knew anybody named Debra Eaton. The whole thing left me kind of speechless,:" he said. "I knew I had a sister, and my grandmother had told me her name was Debra, but things just did n't register right away when she called ed."

As fortune would dictate, Tommie has been reassigned to Fort Lewis. He's a specialist 5 in the infantry. He and his wife Sandra, along with two sons, are living with Debra.

Sandra, who would be as good a judge as there is, see startling similarities between her husband and Debra. -- bra acknowledge the same.
the same. We think the same way and have a similar relationship to our real mother." Both Debra and Tommie agree that their past experiences have given them a strong desire to keep their own families together.

EDITORIALS • COMMENTS • OPINIONS

TO BE EQUAL

TO BE EQUAL
AFFIRMATIVE ACTION OR SENIORITY
BY JOHN E. JACOB

The Supreme Cout will be making ano ther key ruling in the long struggle to define the boundaries of affirmative ac tion in a case arising from layoffs a mong Boston policemen.

It took a federal job-discrimination suit to change the city's discriminatory hiring policies for its public safety foces. By 1981, blacks and hispanics made up almost 12% of the police force.

Then budget problems forced the city to lay off policemen and firefighters, but a federal judge ordered no reduction in the percentage of minoritys. That meant whites with more senority were laid off while minorities with fewer years on the job were still on the payroll.

Going by the old last-hired, first-fired rule, a seniority-based lay off system would have wiped out black gains since discrimination kept blacks from those jobs until very recently.

Sticking to seniority would mean a return to an unfair employment system, but that was prevented by the obligation to remedy past discriminatory policies.

What about the white workers with greater seniority who were laid off? If they feel they got a raw deal, that is understandable. But their real beef can't be with either the minorities who kept their jobs or with the minority community that demands its fair share of the jobs.

Their beef has to be with the past leadership of a city that created the discriminatory patterns to begin with. If blacks had been hired fairly in the past, then there would have been no need for a judge to protect their newly won jobs--seniority would be something that works for all and not a tool to maintain dominance.

In fact, many of the white officers laid off indirectly owe their jobs to a system that largely restricted access to those jobs to white males.

It is interesting that those laid off workers returned to the job when the politicians finally found the money to rehire them. But it makes you wonder if that money would have been found if the bulk of those laid off had been blacks and browns, not white.

I'm fairly certain that budgetary poverty would have been invoked and hte minority workers never recalled.

That lends force to the need for affirmative action protection of low-seniority workers where there is a history of discriminatory hiring and a pattern of racial exclusion.

The Supreme Court hasn't been overly friendly to affirmative action in the past, so this is a very important case with implications for public workers and also for the private sector, where recession-based layoffs hit blacks, minorities and women hardest.

The judge's order that a minority ratio be kept intact during layoffs just recognize that reality of American life.

Affirmative action and a no-discrimin ation hiring policy are empty words if they can be discarded at will.

If affirmative action is a remedy, as the courts consistently have held, then the remedial process cannot be dependent on such factors as seniority or budget cuts.

Another fallacy--invoked by lawyers for the laid-off policemen and by the Reagan Administration--is the argument that only individual victims of past discrimination are entitled to the special treatment of affirmative action.

That view pervades the Administrat ion's approach to the issue and it is a veiw that is inconsistent with the reality of American life. You cannot change deep pervasive and long-standing patterns of discrimination on a case by case basis.

The pattern of discrimination has to be dismantled, and it is vitally important for minorities and for America itself, not to let anything stand in the way of that process such other wise commendable goals as preserving a seniority system.

JOHN E. JACOB

ABOUT YOUR SOCIAL SECURITY

Several changes in Social Security benefits have been made by a new law designed to streng then the Social Se curity system, Bill Ross, Social dis trict manager in Ta coma,said recently. The benefit changes made by the new law will:

*Continue bene fits for disabled surviving spouses 50-59, disabled di vorced surviving spouses 60 or older who remarry. Before benefits continued only for surviving spouses 60 or over who remarried. This provision is effective Janu ary, 1984.

*Provide a new way to figure bene fits for widows or widowers ages 50-59 to 71.9% of the unreduced benefit amount the decreas ed worker would have received.

*Permit payment of benefits to a divorced spouse at 62 even though the former spouse has not filed an appli cation or is not receiving benefits because of work, provided the divor ce has been in ef fect at least 2 years and the form er spouse is eligi ble for benefits. This provision is effective starting January 1985.

*Change the ben efit formula to re duce benefits for workers who are eligible for a pen sion based on work not covered by Soc ial Security, but who have also work ed long enough in jobs covered by Social Security to be eligible for So cial Security Re tirement or disa bility benefits.

Gradually in crease the delayed retirement credit.

*Liberalize the annual earnings,

*Apply the gov ernment pension offset. Presently the full amount of the pension is off set against the So cial Security spou se's benefit.

*Supplement se curity income pay ments will be in creased by $20 for an individual and $30 for a couple, effective July 1983.

SOUL-LY A MATTER OF GOOD TASTE
BY R.M. WOODARD

"Soul Food is really a description not only of the style of Black cooking, but the emotion that Black people add to their way of cooking."

This comment was made by Lawrence Young, Jr., director of the Paul Robeson Cultural Center at Pennsyl vania State University, amateur chef, and student of the history of Black cooking in America. Young notes that pork has historically been an integral part of Black cooking. "If you've heard the saying "Living high on the hog," this means eating the better cuts of pork: shoulders, hams and chops. Black lived low on the hog because they ate what was left. "Pig's feet, stomach or maw, snout, tails, ribs, and chitterlings (chitlins) were the cheap parts."

However, the status of chitterlings has increased considerably over the years. Once available at $2 for 10 pounds, they are now found in the gourmet sections of some food stores. While you can't discuss soul food without mentioning chitterlings, it is of interest that Blacks were not the first people to eat them.

Thomas Kyd, a contemporary of Shakespeare who wrote "Spanish Tragedy," mentions eating chitterlings in 15th Century England.

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McChord AFB
Madigan Hospital
Tillicum
Lakewood